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Dr. Hanson Professional Biography

Dr. Hanson is a clinical psychologist licensed in Wisconsin. She provides individual and family therapy to children, adolescents, and young adults. He has specialized training in working with youth on the Autism Spectrum . She also specializes in psychological evaluation and assessment and treating Attention-Deficit/Hyperactivity Disorder (ADHD), behavioral problems in children and adolescents, suicidal thoughts and behaviors, Posttraumatic Stress Disorder (PTSD) in children and adolescents, and obsessive-compulsive disorders including OCD and Trichotillomania.

Dr. Hanson has served as a behavioral health educator in order to promote the use of evidence-based practice. Dr. Hanson is also committed to using evidence-based practice with her own clients meaning she uses treatments with research to show they work and fits them to each individual's unique needs. Some of the evidence-based treatments she regularly use are Cognitive-Behavioral Therapy (CBT), Exposure Therapy, Behavioral Parent Training, and Habit Reversal Training. She has completed intensive training in Trauma Focused CBT. Dr. Hanson often works with youth with multiple diagnoses and with challenging social situations.

With the current COVID-19 pandemic, Dr. Hanson has prioritized increasing her training in telehealth. She has completed over 20 hours of continuing education in telebehavioral health and met the standards to become a Certified Clinical Telemental Health Provider.

Dr. Hanson is passionate about suicide prevention and a leader in local volunteer organizations with the goal of preventing suicide in Walworth County. She is currently the chairperson of the Walworth County Suicide Prevention Education and Awareness Coalition. She is a volunteer with the Wisconsin Chapter of the American Foundation for Suicide Prevention and is actively involved in planning the annual Walworth County Out of the Darkness Walk to fight suicide. She has provided several community and professional presentations related to suicide assessment

and prevention. She is available to provide continuing education presentations and can provide certification in the Columbia Suicide Severity Rating Scale.

Dr. Hanson received her Doctorate in Clinical Psychology from The Ohio State University where she also received her Master of Arts degree in Clinical Psychology. She obtained her Bachelor of Sciences Degree in Psychology and Spanish from the University of Wisconsin-Madison. At Ohio State, Dr. Hanson conducted randomized, controlled trials for the treatment of ADHD and has worked with hundreds of children with ADHD. She has worked as a licensed psychologist for several years in Wisconsin specializing in treating children and adolescents and conducting psychological assessments for Autism Spectrum Disorder and other concerns, such as learning disorders, Intellectual Disability, and ADHD. She has also provided clinical supervision in psychological assessment. She previously served as an adjunct professor at Marquette University teaching a graduate-level course in treating children and adolescents.

Presentations

Hanson, C. (April 2020). *Suicide Prevention*. Guest Lecture at George Williams College for undergraduate social work students, Williams Bay, WI

Hanson, C. (March 2020). *Suicide*. Guest Lecture at George Williams College for graduate social work students, Williams Bay, WI.

Hanson, C. (January 2020). *Taking Steps to Understand Depression*. Community Presentation for St. John's Church, Elkhorn, WI

Hanson, C. (October 2019). *Assessing Suicide Risk*. Staff Presentation given to Mercyhealth Behavioral Health Providers, Williams Bay, WI and Janesville, WI

Hanson, C. (September 2019). *Suicide Prevention*. Community Presentation at Mercyhealth Hospital and Medical Center – Walworth, Lake Geneva, WI

Hanson, C. & Walworth County Department of Health and Human Services Crisis Team (June 2019). *Suicide Prevention*. Community Presentation at Elkhorn Area High School, Elkhorn, WI.

Hanson, C. (October 2018). *Suicide Prevention*. Presentation to Celebrate Recovery twelve-step ministry leaders at Lakeland Community Church, Lake Geneva, WI

Hanson, C. (October 2018). *Suicide Prevention*. Community Presentation at Mercyhealth Hospital and Medical Center – Walworth, Lake Geneva, WI

Hanson, C. (June 2017). *Encopresis: Let's talk about poop!*. Staff Presentation provided to Mercyhealth Autism Program case managers, Janesville, WI

Hanson, C. (November 2015). *Helping with Transitions and Flexibility*. Community Outreach Presentation provided in collaboration with Mercyhealth Autism Program, Janesville, WI

Hanson, C. (January 2015). *Evidence Based Treatment of Anxiety Disorders in Children*. Staff Presentation at Mercyhealth Child and Adolescent Day Treatment Program, Janesville, WI

Hanson, C. (December 2014). *Childhood Depressive Disorders*. Staff Presentation at Mercyhealth Child and Adolescent Day Treatment Program, Janesville, WI

Hanson, C. (November 2014). *Evidence-Based Treatment of Behavioral Problems in Children*. Staff Presentation at Mercyhealth Child and Adolescent Day Treatment Program, Janesville, WI

Hanson, C. (May 2014). *Executive Functioning: Practical Strategies*. Parent Presentation provided to twice exceptional children group, Naperville, IL.

Myket, S., **Hanson, C.** & Luchansky, S. (August 2013). *Executive Functioning: Practical Strategies for SLPs*. School District presentation for speech and language pathologists, Naperville, IL.

Hanson, C., (February 2013). *Working Memory Training: Does it Work?* Grand Rounds Presentation presented to behavioral health staff at Geisinger Medical Center, Danville, PA.

Hanson, C., Puffenberger, S. S. & Beck, S. J. (November 2012). *Memory deficits in individuals with ADHD: A meta-analysis*. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, National Harbor, MD.

Jackson, J. L., Lemanek, K. L., Clough-Paabo, E., **Hanson, C.** & Rhodes, M., (May 2012), *Health-related quality of life in adolescents and young adults with Sickle Cell Disease*. Poster presented at the Scientific Meeting of the American Pain Society, Honolulu, HI.

Hanson, C., Puffenberger, S. S., & Beck, S. J. (November 2010). *Working memory training as a treatment for ADHD: Are the effects enduring or clinically significant?* Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, San Francisco, CA.

Puffenberger, S. S., **Hanson, C.** & Beck, S. J. (November 2010). *Working memory training for children and adolescents with the inattentive type of ADHD: Parent and teacher report at post treatment and a 4 month follow-up*. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, San Francisco, CA.

Sandoval, S. D., **Hanson, C.** & Beck, S. J. (November 2009). *Does the efficacy of working memory training vary by ADHD subtype?* Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, New York City, NY.

Hanson, C., Sandoval, S. D., Benninger, W. B. & Benninger, K. L. & Beck, S. J. (November 2008). *The Effect of Working Memory Training on Symptoms of Inattention in Children and Adolescents with ADHD.* Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, Orlando, FL.

Sandoval, S. D., **Hanson, C.**, Benninger, W. B. & Benninger, K. L. & Beck, S. J. (November 2008). *The Efficacy of the Cogmed Working Memory Training Program on the Executive Functioning of Children and Adolescents with ADHD.* Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, Orlando, FL.

Benninger, W. B., **Hanson, C.**, Sandoval, S. D., Benninger, K. L. Guy, S. C. & Beck, S. J. (November 2008). *The Effects of Working Memory Training for Children with ADHD ages 7-17.* Poster presented at the Children and Adults with Attention Deficit/Hyperactivity Disorder annual conference.